

Common Mental Health Disorders System Profiling Tool: Indicator List

Risk and related factors	Prevalence	Services	Quality and outcomes	Finance	CMHD Pathway	Outcomes by problem descriptor	Availability of therapy type
CCG	CCG	CCG	CCG	CCG	CCG	CCG	CCG
Socioeconomic deprivation: overall IMD score	People estimated to have any common mental health disorder: Estimated % of population aged 16-74	Antidepressant prescribing: Average daily quantities (ADQs) per STAR-PU	Assessment of depression: % of adults with a new diagnosis of depression who had a bio-psychosocial assessment on diagnosis	Specialist mental health services spend: rate (£) per person	Socioeconomic deprivation: overall IMD score	IAPT problem descriptor completeness: % of IAPT referrals finishing treatment with a valid ICD-10 code (annual)	Referrals receiving CBT: Number of referrals finishing a course of treatment who received CBT (HI therapy) (annual)
Older people living in income deprived households: % of people over 60	Adults with depression known to GPs: Patients with depression as % of all patients on the GP register	Use of '1st choice' antidepressants: % of prescription items that were '1st choice' generic SSRIs	Review of depression: % of newly diagnosed patients with depression who had a review 10-56 days after diagnosis	Primary care prescribing spend on mental health: rate (£) per person	Long-term health problems or disability: % of people whose day-to-day activities are limited by their health or disability	Recovery rate for depression: % of referrals finishing a course of treatment who are "moving to recovery" (annual)	Referrals receiving counselling: Number of referrals finishing a course of treatment who received counselling (HI therapy) (annual)
People with CHD and/or diabetes: % patients on the GP register	New cases of depression: Adults with a new diagnosis of depression as % of all patients on the GP register	Hypnotics prescribing: Average daily quantities (ADQs) per STAR-PU	Exception rate for depression: % of patients on depression register excluded from quality indicators	% spend on specialist mental health services: % of all CCG spend categorised as mental health	People estimated to have any common mental health disorder: Estimated % of population aged 16-74	Recovery rate for all anxiety and stress related disorders: % of referrals finishing a course of treatment who are "moving to recovery" (annual)	Referrals receiving couples therapy: Number of referrals finishing a course of treatment who received couples therapy (HI therapy) (annual)
	Long term mental health problems among GP survey respondents: % people completing GP patient survey who report long-term mental health problem	IAPT referrals: Rate (quarterly) per 100,000 population aged 18+	Support for people with LTCs: % of people with long term conditions visiting GP who feel they have had enough support from local services in last 6 months	Cost of GP prescribing for antidepressant drugs: Net Ingredient Cost (£) per 1,000 STAR-PU (quarterly)	Adults with depression known to GPs: Patients with depression as % of all patients on the GP register	Recovery rate for generalized anxiety disorder: % of referrals finishing a course of treatment who are "moving to recovery" (annual)	Referrals receiving interpersonal psychotherapy: Number of referrals finishing a course of treatment who received interpersonal psychotherapy (HI therapy) (annual)
COUNTY & UA	Depression and anxiety among GP survey respondents: % of people completing GP patient survey reporting they feel moderately or extremely anxious or depressed	IAPT use by BME groups: % of referrals (in quarter) which are for people of black and minority ethnic groups	Waiting < 6 weeks to enter treatment (supporting waiting time measure): % of referrals (in month) waiting <6 weeks for first treatment	Cost of GP prescribing for hypnotics and anxiolytics: Net Ingredient Cost (£) per 1,000 STAR-PU (quarterly)	New cases of depression: Adults with a new diagnosis of depression as % of all patients on the GP register	Recovery rate for mixed anxiety and depressive disorder: % of referrals finishing a course of treatment who are "moving to recovery" (annual)	Referrals receiving brief psychodynamic psychotherapy: Number of referrals finishing a course of treatment who received brief psychodynamic psychotherapy (HI therapy) (annual)
Socioeconomic deprivation: overall IMD score		IAPT ethnic group coding completeness: % of referrals (in quarter) with a valid ethnic group code	Waiting < 18 weeks to enter treatment (supporting waiting time measure): % of referrals (in month) waiting <18 weeks for first treatment		Assessment of depression: % of adults with a new diagnosis of depression who had a bio-psychosocial assessment on diagnosis	Recovery rate for agoraphobia: % of referrals finishing a course of treatment who are "moving to recovery" (annual)	Referrals receiving other high intensity therapy: Number of referrals finishing a course of treatment who received other high intensity therapy (annual)
Socioeconomic deprivation: % of people living in 20% most deprived areas	COUNTY & UA	Access to IAPT services: People entering IAPT (in month) as % of those estimated to have anxiety/depression	Average wait to enter IAPT treatment: Mean wait (in month) for first treatment (days)		Antidepressant prescribing: Average daily quantities (ADQs) per STAR-PU	Recovery rate for social phobias: % of referrals finishing a course of treatment who are "moving to recovery" (annual)	Referrals receiving guided self help: Number of referrals finishing a course of treatment who received guided self help (LI therapy) (annual)
Long-term unemployment: % of working age population	Prevalence of Mixed anxiety and Depressive disorder: Estimated % of population aged 16-74	Entering IAPT treatment: Rate (quarterly) beginning IAPT treatment per 100,000 population aged 18+	Waiting < 6 weeks for treatment (waiting time standard measure): % of referrals that have finished course of treatment (in month) waiting <6 weeks for first treatment		Access to IAPT services: People entering IAPT (in month) as % of those estimated to have anxiety/depression	Recovery rate for specific phobias: % of referrals finishing a course of treatment who are "moving to recovery" (annual)	Referrals receiving pure self help: Number of referrals finishing a course of treatment who received pure self help (LI therapy) (annual)
Statutory homelessness: rate per 1000 households	Prevalence of Generalised anxiety disorder: Estimated % of population aged 16-74	Completion of IAPT treatment: Rate (quarterly) completing treatment per 100,000 population aged 18+	Waiting < 18 weeks for treatment (waiting time standard measure): % of referrals that have finished course of treatment (in month) waiting <18 weeks for first treatment		Waiting < 28 days for IAPT: % of referrals (in month) waiting <28 days for first treatment	Recovery rate for obsessive compulsive disorder: % of referrals finishing a course of treatment who are "moving to recovery" (annual)	Referrals receiving CCBT: Number of referrals finishing a course of treatment who received CCBT (LI therapy) (annual)
Children in poverty: % living in low income households	Prevalence of Depressive episode: Estimated % of population aged 16-74	IAPT problem descriptor completeness: % (in quarter) of IAPT referrals with an ICD-10 code	IAPT recovery: % of people (in month) who have completed IAPT treatment who are "moving to recovery"		Completion of IAPT treatment: Rate (quarterly) completing treatment per 100,000 population aged 18+	Recovery rate for panic disorders: % of referrals finishing a course of treatment who are "moving to recovery" (annual)	Referrals receiving other low intensity therapy: Number of referrals finishing a course of treatment who received other low intensity therapy (annual)
Looked after children: Rate per 10,000 <18 population	Prevalence of All phobias: Estimated % of population aged 16-74		IAPT reliable improvement: % of people (in quarter) who have completed IAPT treatment who achieved "reliable improvement"		IAPT problem descriptor coding completeness: % (in quarter) of IAPT referrals with an ICD-10 code	Recovery rate for post-traumatic stress disorder: % of referrals finishing a course of treatment who are "moving to recovery" (annual)	Referrals receiving employment support: Number of referrals finishing a course of treatment who received employment support (annual)
Children leaving care: Rate per 10,000 <18 population	Prevalence of Obsessive compulsive disorder: Estimated % of population aged 16-74	COUNTY & UA	IAPT DNAs: % of IAPT appointments (in month) where patient did not attend and gave no advance warning		Patients finishing a course of treatment: % of patients entering IAPT service who receive a course of treatment	Recovery rate for other anxiety and stress related disorders: % of referrals finishing a course of treatment who are "moving to recovery" (annual)	High intensity therapies available: Number of high intensity therapies available
Domestic abuse incidents: rate per 1,000 population	Prevalence of Panic disorder: Estimated % of population aged 16-74	Admissions for depression: Directly standardised rate for hospital admissions for unipolar depressive disorders per 100,000 aged 15 and over	Average IAPT treatment dosage: Mean number of attended treatment appointments for those referrals finishing course of treatment (in month)		Paired data completeness: % of completed treatments (in quarter) with paired PHQ9 and ADSDM scores	Recovery rate for other mental health disorders: % of referrals finishing a course of treatment who are "moving to recovery" (annual)	Low intensity therapies available: Number of low intensity therapies available
Higher risk drinking: % of people drinking at increasing or higher risk levels	Prevalence of eating disorders: Estimated % of population aged 16+	Emergency admissions for neuroses: Indirectly age and sex standardised rate per 100,000 population	Maximum IAPT treatment dosage: Maximum number of attended treatment appointments for those referrals finishing course of treatment (in month)		IAPT recovery: % of people (in month) who have completed IAPT treatment who are "moving to recovery"	Recovery rate for other non-mental health disorders: % of referrals finishing a course of treatment who are "moving to recovery" (annual)	
Physical activity: % of population engaging in recommended levels of physical activity	Prevalence of post traumatic stress disorder (PTSD): Estimated % of population aged 16+		Patients finishing a course of treatment: % of referrals ending who receive and finish a course of treatment (monthly)		IAPT reliable improvement: % of people (in quarter) who have completed IAPT treatment who achieved "reliable improvement"	Recovery rate for those with unspecified problem descriptor: % of referrals finishing a course of treatment who are "moving to recovery" (annual)	
Long-term health problems or disability: % whose day-to-day activities are limited by their health or disability	Perinatal mental health: Estimated number of women requiring support during pregnancy or postnatal period		Paired data completeness: % of completed treatments (in month) with paired PHQ9 and ADSDM scores			Completing treatment for depression: % of referrals finishing a course of treatment (annual)	
Prevalence of physical disability: Estimated % of population aged 16-64	Depression and anxiety among social care users: % people who use services who report that they feel moderately or extremely anxious or depressed					Completing treatment for all anxiety and stress related disorders: % of referrals finishing a course of treatment (annual)	
Adults with low education: % of adults that have no qualifications or level one qualifications	Self-reported well-being: % of people with a low satisfaction score					Completing treatment for generalized anxiety disorder: % of referrals finishing a course of treatment (annual)	

Risk and related factors
COUNTY & UA
Unpaid carers: % of population who provide substantial unpaid care
Lone parents households: % of households that have lone parents with dependent children
Relationship breakup: % of adults whose current marital status is separated or divorced
Household overcrowding: % of households with occupancy rating for bedrooms of -1 or less
Rented accommodation: % of all households living in rented accommodation
Use of outdoor space for exercise/health: estimated % of population
English language skills: % of people who cannot speak English / speak it well
Population turnover (internal migration): Rate per 1,000 resident population
Migrant GP registrations: Rate per 1,000 resident population
DISTRICT & UA
Socioeconomic deprivation: overall IMD score
Socioeconomic deprivation: % of people living in 20% most deprived areas
Statutory homelessness: rate per 1000 households
Supported asylum seekers: Rate per 10,000 population
Children in poverty: % living in low income households
Higher risk drinking: % of people drinking at increasing or higher risk levels
Physical activity: % of population engaging in recommended levels of physical activity
Quality of indoor living environment: IMD score
Long-term health problems or disability: % of people whose day-to-day activities are limited by their health or disability
Unpaid carers: % of population who provide substantial unpaid care
Adults with low education: % of adults that have no qualifications or level one qualifications
Lone parents households: % of households that have lone parents with dependent children
Relationship breakup: % of adults whose current marital status is separated or divorced
Household overcrowding: % of households with occupancy rating for bedrooms of -1 or less
Rented accommodation: % of all households living in rented accommodation
English language skills: % of people who cannot speak English / speak it well
Population turnover (internal migration): Rate per 1,000 resident population
Migrant GP registrations: Rate per 1,000 resident population

Prevalence
COUNTY & UA
Self-reported well-being: % of people with a low worthwhile score
Self-reported well-being: % of people with a low happiness score
Self-reported well-being: % of people with a high anxiety score
Future prevalence of Mixed anxiety and Depressive disorder: Estimated % of population aged 16-74
Future prevalence of Generalised anxiety disorder: Estimated % of population aged 16-74
Future prevalence of Depressive episode: Estimated % of population aged 16-74
Future prevalence of All phobias: Estimated % of population aged 16-74
Future prevalence of Obsessive compulsive disorder: Estimated % of population aged 16-74
Future prevalence of Panic disorder: Estimated % of population aged 16-74

Quality and outcomes
COUNTY & UA
Satisfaction with social care support: % of service users extremely satisfied or very satisfied with their care and support
Satisfaction with social care protection: % service users who say services have made them feel safe and secure
Employment of people with mental health disorders: % of those with a disorder in employment
Gap in employment: % gap between employment rate of those with mental health disorders & overall population
Mortality from suicide and injury undetermined: standardised rate per 100,000

Outcomes by problem descriptor
CCG
Completing treatment for mixed anxiety and depressive disorder: % of referrals finishing a course of treatment (annual)
Completing treatment for agoraphobia: % of referrals finishing a course of treatment (annual)
Completing treatment for social phobias: % of referrals finishing a course of treatment (annual)
Completing treatment for specific phobias: % of referrals finishing a course of treatment (annual)
Completing treatment for obsessive compulsive disorder: % of referrals finishing a course of treatment (annual)
Completing treatment for panic disorders: % of referrals finishing a course of treatment (annual)
Completing treatment for post-traumatic stress disorder: % of referrals finishing a course of treatment (annual)
Completing treatment for other anxiety and stress related disorders: % of referrals finishing a course of treatment (annual)
Completing treatment for other mental health disorders: % of referrals finishing a course of treatment (annual)
Completing treatment for other non-mental health disorders: % of referrals finishing a course of treatment (annual)
Completing treatment with unspecified problem descriptor: % of referrals finishing a course of treatment (annual)